

#### Patient information leaflet

# LinAqua baby, solution for nasal cavity irrigation. Isotonic concentration for children and adults

## **Description and composition**

LinAqua baby is odorless and colorless solution for nasal cavity irrigation.

Natural sea water contains sodium chloride (NaCl) of 9 g/l (isotonic concentration) with osmolality 200-400 mOsm/kg. Contains all active substances and trace elements of sea water: K, Mg, Na, Ca, Cl, Se, I, Zn, Cu, Fe, etc. Does not contain preservatives.

#### Therapeutic indications

Otorhinolaryngology. The solution is intended for everyday nasal hygiene and as a part of complex treatment of ENT diseases for children from birth.

#### **Properties**

Solution provides moisturizing effect and relieves irritation.

Thoroughly rinses all parts of the nasal cavity and nasopharynx, actively flushing out bacteria, viruses, allergens, crusts, mucus, dust particles.

Maintains the normal physiological state of the nasal mucosa, boosts local immunity.

Reduces swelling of the mucous membrane of the nasal cavity and nasopharynx, helps to restore nasal breathing.

Helps to increase the therapeutic efficacy of medications applied in the nasal cavity and reduces the duration of respiratory diseases.

Reduces the risk of spreading the infection to the paranasal sinuses and ear cavity.

Accelerates the processes of regeneration of the mucous membrane of the nasal cavity and nasopharynx, reduces the risk of complications after nasal cavity and paranasal sinuses surgery.

#### Indications for use

For children from birth onwards:

- daily hygiene and soothing of the nasal cavity;
- daily hygiene during epidemic of colds and flu;
- daily use in case of adverse environmental conditions (dry or polluted air);
- daily use as a part of complex treatment of acute and chronic inflammatory diseases of the nasal cavity: acute and chronic rhinitis; acute and chronic sinusitis; acute and chronic adenoiditis: alleraic and atrophic rhinitis:
- to prepare the nasal cavity for nasal medications use.

## Contraindications for use

- individual intolerance to the components of the solution;
- complete obstruction of the nasal passages;
- acute otitis and exacerbation of chronic otitis.

If in doubt consult your doctor or ENT specialist.

### Precautions for use

Inspect the packaging and product before use. Do not use the product if the packaging of the medical device is damaged. Avoid contact with eyes.

### Possible side effects

No side effects have been reported.

## Interactions with other medicinal products and medical devices

Can be combined with all nasal products and physiotherapeutic procedures.

### Recommended dosage

As a part of complex treatment: 1-2 drops in each nasal passage 4 times a day.

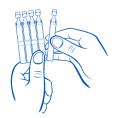
At the first signs cold: flush out nasal cavity 4 times a day.

As a part of daily nasal hygiene: flush out nasal cavity 2-3 times a day.

The duration and frequency of use of the product is not limited.

## Recommendations for use

Separate one dropper tube.



Turn the cap and open.



Lay baby down on his/her side or sit up with baby's head tilted to one side:

- · Gently insert the dropper tube into the nostril
- · Slightly press the dropper tube
- Help baby to seat and blow his nose
- · Repeat the procedure in the other nostril



Throw away used dropper tube.



If solution left gently press the cap and close the dropper tube. Use within 12 hours after the first opening.

## Special precautions

If you are pregnant or breastfeeding consult your healthcare specialist before use.

It does not interfere with the ability to drive or use machinery.

## Requirements for use

The product is for individual use only. Using at home does not require special training and special skills.

## Contents of the pack

2 ml of solution in a polyethylene dropper tube (№ 10, 20 or 30).

## Shelf life

3 years. Do not use after expiration date.



## Manufacturer / For noncompliance please contact: Grotex LLC.

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### Storage conditions

Store at temperature from + 10 °C to + 30 °C, keep out of reach of children.

Keep away from heat. Keep out of direct sunlight and source of open flame.

